

Lovettsville Pool- Swimming Lessons

***REGISTRATION BEGINS 12:01A JUNE 2ND ON WEBTRAC OR IN PERSON AT 7:00A**
AMERICAN RED CROSS PARENT & CHILD AQUATICS
PRESCHOOL AGE LESSONS

Classes developed for ages 6 mos - 5 years build swimming readiness by emphasizing fun in the water with guided practice sessions. Preschool lessons follow a progression such as water entry, bubble blowing, front kicking, back floating, underwater exploration, and more. Refer to chart for placement.

Class Name	Age	Entry Requirements	Class Objective
Parent/Child Level 2	24-48 mos	Parent in water	Water adjustment and safety skills.
Preschool Level 1	3-5 yrs	Leave parent willingly; Can follow directions	Water adjustment, skill readiness, safety
Preschool Level 2	3-5 yrs	Face underwater 5 sec. Blow bubbles Front kicking with support	Development of basic swim skills with child learning to become less dependent on the instructor.
Preschool Level 3	3-5 yrs	Submerge totally-5 times Front float/glide unassisted	Refinement of basic skills with emphasis on no instructor assistance.

PARENTCHILD LEVEL 2

Parent and child class for children who are not ready to separate from parents. Parents must get in water with child.

Tu,Th \$51.00
428100-01 6/28-7/21 7:00P- 7:30P

PRESCHOOL LEVEL 1

Parents do not enter the water with the swimmer. SWIM DIAPER REQUIRED IF NOT POTTY TRAINED.

M,Tu,W,Th \$51.00

428101-01	6/6-6/16	2:30P- 3:00P	428101-02	6/6-6/16	2:30P- 3:00P
428101-03	6/6-6/16	3:15P- 3:45P	428101-04	6/20-6/30	10:15A-10:45A

PRESCHOOL LEVEL 2

M,Tu,W,Th \$51.00

428102-01	6/6-6/16	1:00P- 1:30P	428102-02	6/6-6/16	1:45P- 2:15P
428102-03	6/6-6/16	1:45P- 2:15P	428102-04	6/20-6/30	8:00A- 8:30A
428102-05	6/20-6/30	8:45A- 9:15A	428102-06	6/20-6/30	9:30A-10:00A
428102-07	7/5-7/14	9:30A-10:00A	428102-08	7/5-7/14	10:15A-10:45A
428102-09	7/18-7/28	9:30A-10:00A	428102-10	7/18-7/28	10:15A-10:45A

PRESCHOOL LEVEL 3

M,Tu,W,Th \$51.00

428103-01	6/6-6/16	1:00P- 1:30P	428103-02	7/5-7/14	8:00A-8:30A
428103-03	7/5-7/14	8:45A- 9:15A	428103-04	7/18-7/28	8:00A- 8:30A
428103-05	7/18-7/28	8:45A- 9:15A			

AMERICAN RED CROSS ELEMENTARY AGE LESSONS

Class Name	Age	Entry Requirement	Class Objective
Level 1	6-12 yrs	Function in group setting; Leave parent willingly	Water safety and basic swim skills with assistance.
Level 2	6-12 yrs	Be able to complete class objectives of Learn-to-Swim Level 1	Development of basic swim skills with child learning to become less dependent on the instructor.
Level 3	6-12 yrs	Be able to complete class objectives of Learn-to-Swim Level 2	Refinement of basic skills with emphasis on no instructor assistance.
Level 4	6-12 yrs	Be able to complete class objectives of Learn-to-Swim Level 3	Perform feet-first entry Front & elem back crawl-25 yds Breastroke, back crawl-15 yds
Level 5	6-12 yrs	Be able to complete class objectives of Learn-to-Swim Level 4	Perform shallow angle dive Front & elem Back crawl-50 yds Breastroke, back crawl-25 yds

LEVEL 1

M,Tu,W,Th

\$51.00

428201-01

6/20-6/30

9:30A-10:00A

428201-02

6/20-6/30

10:15A-10:45A

428201-03

7/5-7/14

10:15A-10:45

LEVEL 2

M,Tu,W,Th

\$51.00

428202-01

6/20-6/30

8:45A- 9:15A

428202-02

7/5-7/14

8:45A- 9:15A

428202-03

7/5-7/14

9:30A-10:00A

428202-04

7/18-7/28

10:15A-10:45A

LEVEL 3

M,Tu,W,Th

\$51.00

428203-01

6/20-6/30

8:00A- 8:30A

428203-02

7/5-7/14

8:00A- 8:30A

428203-03

7/18-7/28

8:45A- 9:15A

428203-04

7/18-7/28

9:30A-10:00A

428203-05

8/1-8/11

9:30A-10:00A

428203-06

8/1-8/11

10:15A-10:45A

LEVEL 4

M,Tu,W,Th

\$51.00

428204-01 7/18-7/28

8:00A- 8:30A

428204-03

8/1-8/11

8:45A- 9:15P

LEVEL 5

M,Tu,W,Th

\$51.00

428205-01 8/1-8/11

8:00A- 8:30A